**SYNOPOSIS OF PROPOSAL**

**BINGE DRINKING HABITS OF TSU STUDENTS**

**1. The focus of this study is Texas State University, San Marcos College Students. The students will be primarily between the ages of 18 to 22. Some students may be older than 22. Students younger than 18 will not be included in the survey. (This will be stated on the consent form). It is assumed, therefore, no special population (children, mentally disabled, etc.) will be included. All students will likely have the capacity to understand and voluntarily participate. The subjects will have a similar make up to the university (slightly more females than males and primarily Caucasians, but with a substantial minority of Hispanics).**

**2. As part of a class project, students in CJ 3346 (Research Methods) will be asked to distribute 5 to 10 surveys to a convenience sample. The students, as part of learning how to conduct a survey, will be provided with strict instructions. They will NOT recruit students during class time. They will identify students from a central location (i.e., library, the quad, etc.) or simply ask students they know between classes to take the survey. The potential subjects will be provided with a copy of the consent sheet and asked to participate. The subject will KEEP the consent sheet. The consent form will not be signed, as it would be the only identifying information. Students who take the anonymous survey will place the completed survey in an envelope.**

**3. The survey questions have the potential to cause psychological harm. After being asked a series of questions about their binge drinking habits, students may realize they have a problem with alcohol. Counseling information will be made available to students on the consent sheet. Alternative methods of obtaining such information (i.e., actual field observation) is too time consuming and more intrusive than a survey.**

**4. Risks will be minimized by providing students with the opportunity NOT to fill out the survey. The subjects will be told what the topic is and assured there is no loss of privileges or benefits by NOT participating. Counseling information will also be provided to the subjects.**

**5. Currently the binge drinking habits of TSU students is not known. Although other studies indicate a large percentage of students binge drink, it is not known whether those findings generalize to TSU. Also, students will have the opportunity to find out what factors correlate with binge drinking. This is also an opportunity (learning experience) for students to learn more about their peers and how to conduct a survey.**

**6. The risks are expected to affect a small number of students and impact them only minimally; the benefits of the project will affect a large number of students and in a very positive manner.**

**7. Research will be conducted only on TSU's campus.**

**8. Not a student.**

**9. N/A**

**10. No. Project has not been reviewed by another IRB.**

**11. The students and I will have access to the survey and data. It will contain NO identifying markers.**

**SURVEY ON BINGE DRINKING**

You are being asked to participate in a study involving research on binge drinking. The research project involves asking you to fill out a 46-question survey regarding binge drinking. The purpose of the survey is to assess attitudes of students regarding binge drinking. The research is part of a class project; we (students in CJ 3346) are learning how survey research is conducted. My name is \_\_\_\_\_ and the supervising instructor is Dr. Vandiver (contact info below). We are choosing students who are accessible at TSU. You **must be at least 18 years old to participate**. Your **participation is voluntary**; there are no consequences if you refuse to take part. You may refuse to answer any question and cease participation at any time; you will not jeopardize your standing at the university by refusing. The survey will take approximately 10 minutes to complete. There risks are minimal are no immediate benefits for the participants. The potential risks associated with participation include, for example, becoming aware that you have a problem with alcohol.

The

survey **is anonymous**; no identifying information is collected or reported in this survey. The data will be maintained on the Instructor’s computer for five years. No summary of the data will be compiled and released to participants; the purpose of the survey is a learning activity. Further questions, concerns, and comments regarding this research should be directed to **Dr. Donna Vandiver at (512) 245-7907. Pertinent questions about the research and research participants’ right, and research-related injuries to participants should be directed to the IRB chairperson, Dr. Lisa Lloyd, and the OSP Administrator, Ms. Becky Northcut (245-2102).**

**If, after participating in this survey, you believe you may have a problem with drinking or that alcohol is causing negative consequences in your life, you may contact the University Counseling Center (245-2208). Please know that services at the Counseling Center are free to registered students, though there may be a limit to the number of counseling session you can receive.**

**PLEASE TEAR OFF AND RETAIN A COPY OF THE CONSENT FORM.**

**EXAMPLE OF POSSIBLE SURVEY QUESTIONS**

**Drinking Behavior**

1. Do you know the exact definition of binge drinking?

Yes No

1. Have you ever had a friend take care of you after drinking too much?

Yes No Don’t Know

1. When you drink, do you typically drink to get drunk?

Agree Neither Agree/Disagree Disagree

1. Do you like the taste of alcohol?

Yes No

1. Do you feel a need to drink every weekend?

Yes No

1. Do you often drink when you are alone?

Yes No

1. I have drank more than I should have just to impress someone.

Agree Disagree

1. How many days of the week would you typically drink?

Never 1 day 2-3 days 4 or more days

1. Who do you drink with most often? (pick only one)

Alone Friends  Significant other Family Other

1. Do you drink on the weekends?

Never Occasionally Often

**Binge Drinking**

**Binge *drinking is defined as 5 drinks (male) or 4 drinks (female) in a single sitting. A drink consists of***

***either a glass of wine, 12oz beer, mixed drink with one shot, or one shot.***

1. According to the definition above, how often do you typically binge drink?

Never Occasionally Regularly

1. Do the majority of the people that you hang out with binge drink?

Yes              No

1. Binge drinking around my peers enhances my self-esteem.

Yes No Maybe

1. Have you ever binge drank to forget hardship or painful memory?

Yes No

1. Do you binge drink to relieve stress?

Yes No

1. Are you more likely to participate in binge drinking if you do not plan to drive after?

Yes No Maybe

1. Do you binge drink to celebrate?

Yes No

1. Where do you binge drink most often?

Home House parties Bars/Restaurants Other

**Sexual Activity**

1. When binge drinking do you ever have unplanned sex?

Never Sometimes Always

1. When binge drinking, do you ever have unprotected sex?

Never Sometimes Always

1. Have you ever had sex with someone you have just met while binge drinking?

Yes                  No

1. Do you engage in more sexual activity after binge drinking?

Yes No Maybe

1. While drunk, I have had sex with someone who I would not be attracted to while sober.

Agree Disagree

**Attitude/Other Questions**

1. Binge drinking is involved in most social events in a college atmosphere.

Agree Disagree

1. My peers influence my drinking habits.

Strongly disagree Disagree Neither agree nor disagree Agree Strongly agree

1. Do you believe your peers (college classmates) drink more than you?

Yes No

1. The habit of binge drinking is acceptable and normal if you are a college student.

Strongly Agree Agree Disagree Strongly Disagree

1. Does your ability or inability to control your temper while drinking concern you?

Never Sometimes Always

**Problems encountered while binge drinking**

1. Have you woken up and not remember how you got home/ not remember the night before?

Yes No

1. After a night of drinking, do you realize you lost many items? (Keys, cell phone, wallet, etc.)

Yes No

1. When I drink I’m more likely to pee in public.

Agree Neither agree nor disagree Disagree

**32. Check all of the following that you have experienced with law enforcement after binge drinking this semester**

* Verbal warning
* Contact/Questioning
* Arrested
* Forcible arrest

**Background**

33. Did either of your parents consume alcohol on a weekly basis during your childhood?

Yes                  No

1. What age did you have your first drink?

Under 10      11-15      16-20        21-25         26+   n/a

1. What is your classification?

Freshman Sophomore Junior Senior Graduate

1. Are you involved in a Greek affiliate?

Yes No

1. Are you a criminal justice major?

Yes No

1. On average, how much money a month do you spend on alcohol?

0-50$ 50-100 $ 100-150$ 150-200$ 200+$

42. If I had more money, I would spend more on alcohol.

Strongly Agree Agree Neither A/D Disagree Strongly Disagree

**Demographics**

1. What is your sex?

Male Female

1. What is your race/ethnicity?

Caucasian, Non-Hispanic African American Hispanic Other

1. How old are you? \_\_\_\_\_\_

**46. Check all of the following that you have experienced after binge drinking this semester:**

* Injured yourself
* Wet the bed/pants
* Thrown up
* Missed class
* Missed work
* Broken or damaged property
* Gotten into a verbal altercation
* Been in a physical altercation
* Blacked out (did not remember parts of the night before)
* Passed out (lost consciousness)
* Driven a vehicle while intoxicated
* Used drugs (as a result of drinking)
* Received medical attention (as a result of drinking)